**Care Transitions & Navigation Cohort Development Meeting**

**Agenda:**

1. Welcome and introductions

Attendees: Representing: Karla Blaine Brazos Valley Post-Discharge Care Coordination Program Andrew Karrer & Adeolu Moronkeji Montgomery County Hospital and Public Health District Bridget Marburger Huntsville Memorial Hospital Vicky Cha Brider (by phone) College Station Medical Center

Tim Ottinger St. Joseph Regional Health Center

Lynn Yeager BCS Prenatal Brazos Valley

Robert Reed MHMR Authority of Brazos Valley

Liz Dickey Health For All

Shayna Spurlin, Avery Schulze

& Angie Alaniz RHP 17 Anchor Team

1. Group discussion regarding the cohort’s focus on data
   1. What research/evaluation questions around care transitions and navigation topics are relevant to both providers and organizations that deliver other forms of care impacting these services?
   2. What would be helpful to know about the region’s care transition and navigation use and its driving factors?

* The purpose of the cohort was reiterated, which is to learn best practices and identify projects that providers could work on collaboratively
* Each participant explained the projects they are implementing in their counties and identified some of the issues surrounding the implementation their DSRIP projects
* The common theme across all projects was the need to have an updated resource list that is readily available to DSRIP providers and relevant partners.
* The cohort discussed disseminating the resource list to ER in order to enhance efficiency and foster better collaboration.
* Strategies on how to identify resources were discussed.
* An approach to resolving resource issues was to bring relevant partners to the table to produce a resolution. For example the group could involve United Way of Greater Houston in discussions on 211 updates.
* Per ensuring that people have access to current resources, the group actively discussed working with 211 to get access to update information provider information as changes occur
* The cohort discussed the importance of creating relationships with front line workers who interact closely with the patients.
* Important to know where resources are located and understanding how to refer to those resources.
* The group could explore an online referral system between providers that we work with to assist clients/patients.
* The group was advised to apply for an intern to help with the development of the resource list and related program activities.
* Texas A&M has an upcoming Practicum Fair. Details of the Fair will be forwarded to the group.

1. Develop group plans
   1. Complete objectives   
      Goal: Create local resource guide to make navigation more efficient  
      Objective 1: Identify resources  
      Objective 2: Who needs the resource guide  
      Objective 3: What information should be included in the guide
   2. Set routine cohort meeting/call schedule

* Next call is scheduled for Wednesday, February 18th from 1:30 p.m. - 2:30 p.m.
* Utilize doodle app to determine next meeting.
* The group could have the in-person meetings at different locations and learn about other agencies.

1. Discuss next steps
   1. What data is necessary and where can we retrieve it?
   2. What are our next steps and who is responsible?
      1. Which activities are for all?
      2. Are there specific items one or more participants will be responsible for addressing/gathering information on?
   3. Draft Smart Aims sheet(s) for identified objectives
   4. Draft group charter outlining defined goals/aims for DY4 and share with group

Each participant will get a draft charter to share with the group

**Action Items**

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| **Task** | **Person Assigned Task** | **Status** |
| Type up meeting notes and share with group | Karla and Ade | Drafted 2/6/15; shared 2/11/15 |
| Send info for A&M Practicum Fair to group | Shayna | Completed 1/29/15 |
| Get practicum student (if desired) | All | Pending 2/13 event |
| Identify top 10 resources that exist and most commonly needed | All | Pending |
| Identify resources that are non-existent or unknown but might be helpful | All | Pending |